



32 CHURCH STREET SALEM, MA 01970
 (978) 744-6639
 MILKANDHONEYSALEM.COM

HOURS OF OPERATION
 MON-FRI 9:00am - 7:30pm
 SAT 9:00am - 6:30pm
 SUN 11:00am - 5:00pm

MENU

BREADS

FRENCH BAGUETTE | MULTI-GRAIN WRAP | MULTI-GRAIN SLICED BREAD | GLUTEN-FREE BAGEL

SANDWICHES

HOUSE ROAST TURKEY

Misty Knoll Farms all natural turkey breast - roasted in-house, Cabot cheddar, arugula, roasted red pepper mayo..... \$7.50

HOUSE ROAST BEEF

All natural roasted beef - roasted in-house, Cabot cheddar, arugula, horseradish mayo..... \$7.99

HOUSE ROAST PORK LOIN

All natural pork loin - roasted in-house, roasted apple and onion chutney, arugula, chutney mayo..... \$7.25

NUESKE HAM

Apple, French brie or swiss cheese, grainy mustard, mayo..... \$7.25

CHICKEN GRUYERE

Sliced Bell and Evans boneless breast, gruyere, romaine, honey mustard..... \$7.99

BLT

Applewood smoked bacon, romaine lettuce, vine-ripened tomatoes, mayo..... \$6.99

ADDITIONAL OPTIONS

Half sandwich..... \$4.50* Panini press any sandwich..... \$0.50
 *Any additions extra. Gluten-free bagel..... \$0.75

TUSCAN TUNA

All white tuna, white beans, capers, red onion, lemon juice, olive oil, arugula..... \$7.99

NUTELLA, PEANUT BUTTER AND BANANA..... \$5.99

CLASSIC GRILLED CHEESE

Swiss, Cabot cheddar or provolone..... \$6.25

TOMATO MOZZARELLA

Vine-ripened tomatoes, mozzarella, basil, olive oil, balsamic vinaigrette or pesto..... \$6.99
 with eggplant..... \$7.99

HUMMUS WRAP

Hummus - made in-house, kalamata olives, carrots, cucumbers, caramelized onions, roasted red peppers, greens, feta..... \$7.25

MIXED GREEN SALAD

Spring mix, carrots, cucumbers, kalamata olives, caramelized onions, roasted red peppers, avocado, feta or goat cheese, with a slice of French bread..... \$7.50

ADDITIONS

Vine-Ripened Tomatoes, Roasted Red Peppers, Cucumbers..... \$0.75	Avocado, Eggplant, Hummus, Prosciutto, Bacon, Cheese, Hard-Boiled Egg..... \$1.00	Chicken, Roast Beef, Ham, Turkey, Pork Loin..... \$1.50
---	---	--

Loyalty cards must be presented at the time of the purchase. Sandwich and deli meats may be ordered 45 minutes before closing.

Prices do not include 7% MA meals tax.